

**MACARONI AND CHEESE, FROZEN**

**Yield** 100

**Portion** 5 Ounces

<b>Calories</b>	<b>Carbohydrates</b>	<b>Protein</b>	<b>Fat</b>	<b>Cholesterol</b>	<b>Sodium</b>	<b>Calcium</b>
249 cal	22 g	13 g	12 g	14 mg	1103 mg	123 mg

**Ingredient**

COOKING SPRAY, NONSTICK  
 MACARONI AND CHEESE, FROZEN  
 CHEESE, CHEDDAR, SHREDDED

**Weight**

2 oz  
 48 lbs  
 1 lbs

**Measure**

1/4 cup 1/3 tbsp  
 5 gal 2-5/8 qts  
 1 qts

**Issue**

**Method**

- 1 Preheat convection oven to 300 F. with fan on.
- 2 Spray steam table pans with non-stick cooking spray.
- 3 Remove top from frozen macaroni and cheese. Remove contents from original container and place right side up into steam table pans. Cover.
- 4 Cook according to times and temperatures contained in manufacturer's instructions on package. Usual cooking time is as follows: Cook 40 minutes covered. Remove cover and top with grated cheese. Cook additional 10 minutes in preheated convection oven at 300 F.
- 5 Remove from oven. CCP: Hold for service at 140 F. or higher.