

GRIDDLE FRIED EGGS

Yield 100

Portion 2 Each

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
168 cal	1 g	12 g	12 g	425 mg	126 mg	49 mg

Ingredient

EGGS,WHOLE,FRESH
OIL,SALAD

Weight

22 lbs
7-2/3 oz

Measure

200 each
1 cup

Issue

Method

- 1 Break 2 eggs individually into a small bowl.
- 2 Fry eggs to order on a 325 F. lightly greased griddle. CCP: Internal temperature must reach 145 F. or higher for 15 seconds, 155 F. for fresh shell eggs.
- 3 CCP: Hold for service at 140 F. or higher.