AZTEC RICE

Yield 100 **Portion** 3/4 Cup

Calories	Carbohydrates	Protein	Fat	Cholesterol	Sodium	Calcium
135 cal	24 g	5 g	3 g	0 mg	123 mg	32 mg

Ingredient	Weight	Measure	Issue
RICE,MEXICAN BLEND	6 lbs	3 qts 3 cup	
GARLIC CLOVES,FRESH,MINCED	4-3/4 oz	1 cup	5-1/2 oz
OIL,SALAD	7-2/3 oz	1 cup	
TOMATOES,CANNED,DICED,DRAINED	7 lbs	3 qts 3/4 cup	
BEANS,BLACK,CANNED,DRAINED	7 lbs	3 qts 3/8 cup	
CORN,FROZEN,WHOLE KERNEL	7 lbs	1 gal 7/8 qts	
PEPPER,BLACK,GROUND	2/3 oz	3 tbsp	
CHILI POWDER,LIGHT,GROUND	1 oz	1/4 cup	
CUMIN,GROUND	1-2/3 oz	1/2 cup	
ONIONS,GREEN,FRESH,CHOPPED	7 oz	2 cup	7-7/8 oz

Method

1 Prepare rice according to package directions.
2 Add remaining ingredients. Mix well. Simmer 5 minutes.
3 Divide rice equally between steam table pans. CCP: Hold for service at 140 F. or higher.